

MARCH 2023

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

2/16/23

Chef SALAD Available Daily for lunch

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| <p>FREE BREAKFAST</p> <p>FOR ALL</p> | <p>AND LUNCH</p> <p>STUDENTS</p> | <p>1</p> <p>--BREAKFAST--</p> <p>Cream Cheese Bagel, Sliced Apples, Juice</p> <p>--LUNCH--</p> <p>French Bread Pepperoni Pizza, Green Beans, Fresh Fruit</p> <p>OR</p> <p>Ram Bowl (Popcorn Chicken, Mashed Potato, Corn, Brown Gravy, Cheese), Biscuit, Fresh Fruit</p> | <p>2</p> <p>--BREAKFAST--</p> <p>Sausage Biscuit, Banana, Juice</p> <p>--LUNCH--</p> <p>Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Peaches</p> <p>OR</p> <p>Steak Sandwich, Fries, Cucumber, Peaches</p> | <p>3</p> <p>--BREAKFAST--</p> <p>Cereal, Cheese Stick, Apple Crisp, Juice</p> <p>--LUNCH--</p> <p>Frito Pie, Corn, Carrots, Applesauce</p> <p>OR</p> <p>Chili Dogs, Chips, Carrots, Broccoli, Applesauce</p> |
| <p>6 Early Release</p> <p>--BREAKFAST--</p> <p>Ultimate Breakfast Round, Fruit Cups, Juice</p> <p>--LUNCH--</p> <p>Pizza, Broccoli, Carrots, Applesauce</p> <p>OR</p> <p>Cheese Nachos, Carrots, Broccoli, Applesauce</p> | <p>7</p> <p>--BREAKFAST--</p> <p>Morning Roll, Applesauce, Juice</p> <p>--LUNCH--</p> <p>Chicken Quesadilla, Refried Beans, Salad w/Tomato, Mixed Fruit</p> <p>OR</p> <p>Chicken Sandwich, Fries, Broccoli, Mixed Fruit</p> | <p>8</p> <p>--BREAKFAST--</p> <p>French Toast, Sliced Apples, Juice</p> <p>--LUNCH--</p> <p>Lasagne Rollup w/meat sauce, Green Beans, Breadsticks, Fresh Fruit</p> <p>OR</p> <p>Cheeseburger or Hamburger, Fries, Lettuce & Tomato, Fresh Fruit</p> | <p>9</p> <p>--BREAKFAST--</p> <p>Egg & Cheese English Muffin, Banana, Juice</p> <p>--LUNCH--</p> <p>Popcorn Chicken, Mashed Potato, Cucumbers, Gravy, Roll, Pears</p> <p>OR</p> <p>Asado, Pinto Beans, Cucumber, Pears</p> | <p>10</p> <p>--BREAKFAST--</p> <p>Pizza, Apple Crisps, Juice</p> <p>--LUNCH--</p> <p>Hoagie, Lettuce & Tomato, Carrots, Chips, Slushie</p> <p>OR</p> <p>Chicken Wings, Fries, Celery Sticks, Breadsticks, Slushie</p> |
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| <p>13</p> | <p>14</p> | <p>15</p> | <p>16</p> | <p>17</p> |
| <p>20</p> <p>--BREAKFAST--</p> <p>Cheese Filled Bread Stick, Fruit Cup, Juice</p> <p>--LUNCH--</p> <p>Chicken Sandwich, Fries, Broccoli, Mixed Fruit</p> <p>OR</p> <p>Spaghetti, Green Beans, Breadsticks, Mixed Fruit</p> | <p>21</p> <p>--BREAKFAST--</p> <p>Cake Donut, Applesauce, Juice</p> <p>--LUNCH--</p> <p>Pizzaboli Bites, Broccoli, Carrots, Peaches</p> <p>OR</p> <p>Beef & Potato Burrito, Pinto Beans, Salad w/Tomato, Peaches</p> | <p>22</p> <p>--BREAKFAST--</p> <p>Mini Muffin, Egg Bake Bite, Sliced Apples, Juice</p> <p>--LUNCH--</p> <p>Cheeseburger or Hamburger, Baked Beans, Lettuce & Tomato, Fresh Fruit</p> <p>OR</p> <p>Asian Chicken, Rice, Broccoli & Carrots, Pineapple</p> | <p>23</p> <p>--BREAKFAST--</p> <p>Eggstravaganza Burrito, Banana, Juice</p> <p>--LUNCH--</p> <p>Steakfingers, Mashed Potato, Gravy, Cucumbers, Roll, Pears</p> <p>OR</p> <p>Grilled Ham & Cheese Sandwich, Fries, Cucumbers, Pears</p> | <p>24</p> <p>--BREAKFAST--</p> <p>Waffle, MixZees Dried Fruit, Juice</p> <p>--LUNCH-- EARLY RELEASE - SACK LUNCHES</p> <p>Drumsticks, Macaroni & Cheese, Green Beans, Carrots, Applesauce</p> <p>OR</p> <p>Meatball Sub, Fries, Lettuce & Tomato, Applesauce</p> |
| <p>27</p> <p>--BREAKFAST--</p> <p>Benefit Bar, Fruit Cups, Juice</p> <p>--LUNCH--</p> <p>Beef & Cheese Nachos, Pinto Beans, Carrots, Pears</p> <p>OR</p> <p>Cheeseburger or Hamburger, Fries, Lettuce & Tomato, Pears</p> | <p>28</p> <p>--BREAKFAST--</p> <p>Pancake on a Stick, Applesauce, Juice</p> <p>--LUNCH--</p> <p>BBQ Sandwich, Fries, Broccoli, Mixed Fruit</p> <p>OR</p> <p>Chicken Fajitas, Refried Beans, Carrots, Mixed Fruit</p> | <p>29</p> <p>--BREAKFAST--</p> <p>Cream Cheese Bagel, Sliced Apples, Juice</p> <p>--LUNCH--</p> <p>French Bread Pepperoni Pizza, Green Beans, Fresh Fruit</p> <p>OR</p> <p>Ram Bowl (Popcorn Chicken, Mashed Potato, Corn, Brown Gravy, Cheese), Biscuit, Fresh Fruit</p> | <p>30</p> <p>--BREAKFAST--</p> <p>Egg & Cheese Biscuit, Banana, Juice</p> <p>--LUNCH--</p> <p>Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Peaches</p> <p>OR</p> <p>Steak Sandwich, Fries, Cucumber, Peaches</p> | <p>31</p> <p>--BREAKFAST--</p> <p>Cereal, Cheese Stick, Apple Crisp, Juice</p> <p>--LUNCH--</p> <p>Frito Pie, Corn, Carrots, Applesauce</p> <p>OR</p> <p>Chili Dogs, Chips, Carrots, Broccoli, Applesauce</p> |